



RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

Datos técnicos: Piscina de 25 m., Cronometraje Manual

TOMELLOSO

20/12/2009

1 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado
1	004626271	AMO GUEVARA ANDREA	1993	NCUENCA		40:27.65
50	34.95	1:13.86	2:33.25	3:53.14	5:12.80	6:32.70
	34.95	38.91	2:33.2	3:53.1	5:12.8	6:32.7
550	7:53.33	9:13.54	10:33.55	11:53.72	13:13.73	13:13.
	7:53.3	9:13.5	10:33.	11:53.	13:13.	13:13.
1050	14:34.32	15:55.55	17:16.90	18:37.94	19:59.53	19:59.
	14:34.	15:55.	17:16.	18:37.	19:59.	19:59.
1550	21:21.00	22:42.30	24:03.19	25:25.38	26:47.40	26:47.
	21:21.	22:42.	24:03.	25:25.	26:47.	26:47.
2050	28:09.23	29:32.95	30:56.02	32:18.95	33:43.50	33:43.
	28:09.	29:32.	30:56.	32:18.	33:43.	33:43.
2550	35:07.08	36:30.66	37:53.78	39:12.86	40:27.65	40:27.
	35:07.	36:30.	37:53.	39:12.	40:27.	40:27.
2	004626395	MARTINEZ CARRETERO ALBA	1996	NCUENCA		45:31.18
50	39.63	1:22.52	2:52.30	4:23.19	5:52.97	7:24.42
	39.63	42.89	2:52.3	4:23.1	5:52.9	7:24.4
550	8:55.56	10:27.49	12:00.28	13:32.62	15:06.10	15:06.10
	8:55.5	10:27.	12:00.	13:32.	15:06.	15:06.
1050	16:40.38	18:13.74	19:46.29	21:17.00	22:49.13	22:49.13
	16:40.	18:13.	19:46.	21:17.	22:49.	22:49.
1550	24:23.49	25:56.47	27:31.01	29:06.40	30:40.21	30:40.21
	24:23.	25:56.	27:31.	29:06.	30:40.	30:40.
2050	32:13.54	33:47.81	35:21.46	36:49.88	38:19.21	38:19.21
	32:13.	33:47.	35:21.	36:49.	38:19.	38:19.
2550	39:50.59	41:20.91	42:46.51	44:11.62	45:31.18	45:31.18
	39:50.	41:20.	42:46.	44:11.	45:31.	45:31.
3	004626428	GONZALEZ JORGE ROCIO	1996	NCUENCA		45:31.36
50	41.12	1:25.71	2:56.46	4:28.14	5:59.60	7:33.46
	41.12	44.59	2:56.4	4:28.1	5:59.6	7:33.4
550	9:06.14	10:37.59	12:11.43	13:45.78	15:20.46	15:20.46
	9:06.1	10:37.	12:11.	13:45.	15:20.	15:20.
1050	16:56.72	18:29.29	20:02.83	21:36.78	23:11.08	23:11.08
	16:56.	18:29.	20:02.	21:36.	23:11.	23:11.
1550	24:44.44	26:18.82	27:54.27	29:29.21	31:03.62	31:03.62
	24:44.	26:18.	27:54.	29:29.	31:03.	31:03.
2050	32:37.71	34:13.40	35:40.36	37:10.22	38:41.76	38:41.76
	32:37.	34:13.	35:40.	37:10.	38:41.	38:41.
2550	40:08.13	41:31.69	42:53.09	44:14.16	45:31.36	45:31.36
	40:08.	41:31.	42:53.	44:14.	45:31.	45:31.

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
BAJ: BAJA





RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

1 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre		Año	Club	T.R.							Resultado						
4	004857334	MORENO MORENO VERONICA		1993	TALAVER										47:41.52				
50	41.99 41.99	100	1:27.34 45.35	150		200	3:00.79 3:00.7	250		300	4:34.76 4:34.7	350		400	6:08.66 6:08.6	450		500	7:43.51 7:43.5
550		600	9:18.96 9:18.9	650		700	10:54.32 10:54.	750		800	12:29.63 12:29.	850		900	14:05.65 14:05.	950		1000	15:41.59 15:41.
1050		1100	17:18.24 17:18.	1150		1200	18:54.61 18:54.	1250		1300	20:31.46 20:31.	1350		1400	22:07.35 22:07.	1450		1500	23:43.60 23:43.
1550		1600	25:19.55 25:19.	1650		1700	26:55.10 26:55.	1750		1800	28:30.78 28:30.	1850		1900	30:06.56 30:06.	1950		2000	31:43.03 31:43.
2050		2100	33:19.44 33:19.	2150		2200	34:56.52 34:56.	2250		2300	36:33.60 36:33.	2350		2400	38:10.87 38:10.	2450		2500	39:47.74 39:47.
2550		2600	41:23.95 41:23.	2650		2700	42:59.65 42:59.	2750		2800	44:35.66 44:35.	2850		2900	46:10.91 46:10.	2950		3000	47:41.52 47:41.

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RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
1	047080120	GARCÍA GASCÓN JUAN CARLOS										1984	CNALBACET		34:39.03
50	32.53 32.53	100 1:08.43 35.90	150	200 2:18.81 2:18.8	250	300 3:29.08 3:29.0	350	400 4:38.87 4:38.8	450	500 5:48.92 5:48.9					
550		600 6:58.34 6:58.3	650	700 8:08.22 8:08.2	750	800 9:17.90 9:17.9	850	900 10:28.29 10:28.	950	1000 11:37.90 11:37.					
1050		1100 12:47.64 12:47.	1150	1200 13:58.28 13:58.	1250	1300 15:08.15 15:08.	1350	1400 16:18.45 16:18.	1450	1500 17:28.12 17:28.					
1550		1600 18:38.06 18:38.	1650	1700 19:47.00 19:47.	1750	1800 20:56.04 20:56.	1850	1900 22:04.38 22:04.	1950	2000 23:13.50 23:13.					
2050		2100 24:21.98 24:21.	2150	2200 25:31.01 25:31.	2250	2300 26:38.96 26:38.	2350	2400 27:46.90 27:46.	2450	2500 28:54.68 28:54.					
2550		2600 30:02.59 30:02.	2650	2700 31:11.18 31:11.	2750	2800 32:20.49 32:20.	2850	2900 33:29.82 33:29.	2950	3000 34:39.03 34:39.					
2	004206624	ARROYO FERNANDEZ ALVARO										1985	TALAVER		34:53.33
50	32.84 32.84	100 1:03.14 30.30	150	200 2:18.95 2:18.9	250	300 3:29.60 3:29.6	350	400 4:39.33 4:39.3	450	500 5:49.31 5:49.3					
550		600 6:59.08 6:59.0	650	700 8:09.09 8:09.0	750	800 9:19.05 9:19.0	850	900 10:28.66 10:28.	950	1000 11:38.78 11:38.					
1050		1100 12:48.49 12:48.	1150	1200 13:58.42 13:58.	1250	1300 15:08.88 15:08.	1350	1400 16:18.85 16:18.	1450	1500 17:27.98 17:27.					
1550		1600 18:38.02 18:38.	1650	1700 19:47.45 19:47.	1750	1800 20:57.17 20:57.	1850	1900 22:06.98 22:06.	1950	2000 23:16.71 23:16.					
2050		2100 24:25.42 24:25.	2150	2200 25:33.68 25:33.	2250	2300 26:42.41 26:42.	2350	2400 27:52.69 27:52.	2450	2500 29:02.98 29:02.					
2550		2600 30:13.38 30:13.	2650	2700 31:23.92 31:23.	2750	2800 32:34.45 32:34.	2850	2900 33:44.88 33:44.	2950	3000 34:53.33 34:53.					
3	004615740	PÉREZ MARTÍNEZ JOSÉ MIGUEL										1986	NCUENCA		35:03.47
50	33.07 33.07	100 1:08.24 35.17	150	200 2:18.57 2:18.5	250	300 3:28.52 3:28.5	350	400 4:38.43 4:38.4	450	500 5:48.24 5:48.2					
550		600 6:57.87 6:57.8	650	700 8:08.11 8:08.1	750	800 9:17.77 9:17.7	850	900 10:27.88 10:27.	950	1000 11:37.39 11:37.					
1050		1100 12:47.33 12:47.	1150	1200 13:57.91 13:57.	1250	1300 15:08.34 15:08.	1350	1400 16:18.21 16:18.	1450	1500 17:28.41 17:28.					
1550		1600 18:38.39 18:38.	1650	1700 19:48.43 19:48.	1750	1800 20:58.98 20:58.	1850	1900 22:09.69 22:09.	1950	2000 23:20.52 23:20.					
2050		2100 24:30.75 24:30.	2150	2200 25:41.69 25:41.	2250	2300 26:51.86 26:51.	2350	2400 28:02.72 28:02.	2450	2500 29:13.63 29:13.					
2550		2600 30:24.45 30:24.	2650	2700 31:35.11 31:35.	2750	2800 32:45.27 32:45.	2850	2900 33:54.87 33:54.	2950	3000 35:03.47 35:03.					

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RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
4	047098892	ZORNOZA VILLOLDO ALEJANDRO										1991	CNALBACET		36:39.15
50	31.89 31.89	100 1:06.82 34.93	150	200 2:19.18 2:19.1	250	300 3:31.47 3:31.4	350	400 4:44.50 4:44.5	450	500 5:57.01 5:57.0					
550		600 7:11.04 7:11.0	650	700 8:25.18 8:25.1	750	800 9:39.20 9:39.2	850	900 10:53.81 10:53.	950	1000 12:08.72 12:08.					
1050		1100 13:22.25 13:22.	1150	1200 14:36.83 14:36.	1250	1300 15:51.97 15:51.	1350	1400 17:07.22 17:07.	1450	1500 18:22.47 18:22.					
1550		1600 19:38.71 19:38.	1650	1700 20:54.30 20:54.	1750	1800 22:08.73 22:08.	1850	1900 23:22.82 23:22.	1950	2000 24:36.66 24:36.					
2050		2100 25:48.69 25:48.	2150	2200 27:02.75 27:02.	2250	2300 28:16.15 28:16.	2350	2400 29:30.11 29:30.	2450	2500 30:44.35 30:44.					
2550		2600 31:47.55 31:47.	2650	2700 33:10.68 33:10.	2750	2800 34:23.93 34:23.	2850	2900 35:34.47 35:34.	2950	3000 36:39.15 36:39.					
5	003142122	LOPEZ JIMENEZ ALBERTO JOSE										1991	GUAJARA		36:40.93
50	31.90 31.90	100 1:07.31 35.41	150	200 2:20.03 2:20.0	250	300 3:32.19 3:32.1	350	400 4:44.93 4:44.9	450	500 5:58.13 5:58.1					
550		600 7:11.58 7:11.5	650	700 8:25.74 8:25.7	750	800 9:40.06 9:40.0	850	900 10:54.37 10:54.	950	1000 12:09.23 12:09.					
1050		1100 13:23.14 13:23.	1150	1200 14:37.49 14:37.	1250	1300 15:52.57 15:52.	1350	1400 17:07.68 17:07.	1450	1500 18:22.75 18:22.					
1550		1600 19:39.48 19:39.	1650	1700 20:54.65 20:54.	1750	1800 22:09.26 22:09.	1850	1900 23:23.16 23:23.	1950	2000 24:37.28 24:37.					
2050		2100 25:49.69 25:49.	2150	2200 27:02.91 27:02.	2250	2300 28:16.82 28:16.	2350	2400 29:30.64 29:30.	2450	2500 30:44.83 30:44.					
2550		2600 31:58.07 31:58.	2650	2700 33:11.30 33:11.	2750	2800 34:24.93 34:24.	2850	2900 35:35.00 35:35.	2950	3000 36:40.93 36:40.					
6	003926926	RODRÍGUEZ PÉREZ-CEJUELA ÁLVARO										1993	GUAJARA		37:08.11
50	33.13 33.13	100 1:09.58 36.45	150	200 2:22.51 2:22.5	250	300 3:36.19 3:36.1	350	400 4:49.55 4:49.5	450	500 6:02.84 6:02.8					
550		600 7:16.76 7:16.7	650	700 8:30.27 8:30.2	750	800 9:44.46 9:44.4	850	900 10:59.22 10:59.	950	1000 12:13.51 12:13.					
1050		1100 13:27.79 13:27.	1150	1200 14:41.75 14:41.	1250	1300 15:56.61 15:56.	1350	1400 17:10.90 17:10.	1450	1500 18:24.98 18:24.					
1550		1600 19:39.35 19:39.	1650	1700 20:53.88 20:53.	1750	1800 22:09.24 22:09.	1850	1900 23:23.76 23:23.	1950	2000 24:39.48 24:39.					
2050		2100 25:54.25 25:54.	2150	2200 27:08.76 27:08.	2250	2300 28:24.59 28:24.	2350	2400 29:40.34 29:40.	2450	2500 30:56.08 30:56.					
2550		2600 32:11.54 32:11.	2650	2700 33:27.91 33:27.	2750	2800 34:42.90 34:42.	2850	2900 35:57.55 35:57.	2950	3000 37:08.11 37:08.					

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
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MSL SW.RESULTADOS_GENERAL.V0 Información correcta a 13:37:24 20/12/2009

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MSL SPORTEC Sistemas de Información, MSL Software - www.msl.es





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REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre		Año	Club	T.R.							Resultado						
7	047095769	MACIA LOPEZ CARLOS		1990	CNALBACET								38:23.35						
50	34.14 34.14	100	1:11.62 37.48	150		200	2:27.19 2:27.1	250		300	3:43.23 3:43.2	350		400	4:59.64 4:59.6	450		500	6:16.42 6:16.4
550		600	7:33.79 7:33.7	650		700	8:49.75 8:49.7	750		800	10:05.52 10:05.	850		900	11:21.16 11:21.	950		1000	12:37.34 12:37.
1050		1100	13:54.21 13:54.	1150		1200	15:11.90 15:11.	1250		1300	16:29.62 16:29.	1350		1400	17:45.40 17:45.	1450		1500	19:02.40 19:02.
1550		1600	20:19.76 20:19.	1650		1700	21:36.07 21:36.	1750		1800	22:52.56 22:52.	1850		1900	24:09.83 24:09.	1950		2000	25:27.04 25:27.
2050		2100	26:43.92 26:43.	2150		2200	27:59.26 27:59.	2250		2300	29:16.22 29:16.	2350		2400	30:33.74 30:33.	2450		2500	31:51.43 31:51.
2550		2600	33:09.97 33:09.	2650		2700	34:29.00 34:29.	2750		2800	35:47.39 35:47.	2850		2900	37:06.10 37:06.	2950		3000	38:23.35 38:23.
8	004229960	CANO VAZQUEZ DIEGO		1991	TALAVER								38:33.47						
50	33.12 33.12	100	1:08.41 35.29	150		200	2:22.14 2:22.1	250		300	3:37.09 3:37.0	350		400	4:52.58 4:52.5	450		500	6:08.86 6:08.8
550		600	7:25.66 7:25.6	650		700	8:42.24 8:42.2	750		800	9:58.94 9:58.9	850		900	11:55.54 11:55.	950		1000	12:33.09 12:33.
1050		1100	13:50.16 13:50.	1150		1200	15:08.74 15:08.	1250		1300	16:27.27 16:27.	1350		1400	17:45.19 17:45.	1450		1500	19:04.56 19:04.
1550		1600	20:22.63 20:22.	1650		1700	21:43.11 21:43.	1750		1800	23:01.27 23:01.	1850		1900	24:20.21 24:20.	1950		2000	25:38.36 25:38.
2050		2100	26:56.40 26:56.	2150		2200	28:14.64 28:14.	2250		2300	30:32.91 30:32.	2350		2400	30:50.81 30:50.	2450		2500	32:08.77 32:08.
2550		2600	33:27.48 33:27.	2650		2700	34:44.84 34:44.	2750		2800	36:04.03 36:04.	2850		2900	37:19.56 37:19.	2950		3000	38:33.47 38:33.
9	053634748	RUBIO JAREÑO SERGIO		1995	CNALBACET								39:21.26						
50	32.54 32.54	100	1:07.84 35.30	150		200	2:21.84 2:21.8	250		300	3:37.42 3:37.4	350		400	4:53.74 4:53.7	450		500	6:11.04 6:11.0
550		600	7:29.04 7:29.0	650		700	8:48.21 8:48.2	750		800	10:07.11 10:07.	850		900	11:26.89 11:26.	950		1000	12:46.15 12:46.
1050		1100	14:06.40 14:06.	1150		1200	15:22.30 15:22.	1250		1300	16:46.85 16:46.	1350		1400	18:05.46 18:05.	1450		1500	19:24.43 19:24.
1550		1600	20:43.17 20:43.	1650		1700	22:01.28 22:01.	1750		1800	23:19.59 23:19.	1850		1900	24:38.53 24:38.	1950		2000	25:59.01 25:59.
2050		2100	27:19.68 27:19.	2150		2200	28:39.96 28:39.	2250		2300	30:01.78 30:01.	2350		2400	31:22.83 31:22.	2450		2500	32:44.13 32:44.
2550		2600	34:05.68 34:05.	2650		2700	35:27.03 35:27.	2750		2800	36:45.62 36:45.	2850		2900	38:02.75 38:02.	2950		3000	39:21.26 39:21.

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
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RESULTADOS GENERALES



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TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
10	004222791	GUERRA CORROCHANO ALBERTO										1993	TALAVER		
50	33.85 33.85	100 1:11.60 37.75	150	200 2:27.79 2:27.7	250	300 3:43.25 3:43.2	350	400 4:59.32 4:59.3	450	500 6:15.57 6:15.5			39:22.07		
550		600 7:33.25 7:33.2	650	700 8:51.09 8:51.0	750	800 10:09.95 10:09.	850	900 11:30.07 11:30.	950	1000 12:49.41 12:49.					
1050		1100 14:08.61 14:08.	1150	1200 15:27.72 15:27.	1250	1300 16:45.76 16:45.	1350	1400 18:04.05 18:04.	1450	1500 19:24.29 19:24.					
1550		1600 20:43.43 20:43.	1650	1700 22:04.02 22:04.	1750	1800 23:22.70 23:22.	1850	1900 24:41.64 24:41.	1950	2000 26:01.92 26:01.					
2050		2100 27:20.40 27:20.	2150	2200 28:38.00 28:38.	2250	2300 29:58.19 29:58.	2350	2400 31:18.22 31:18.	2450	2500 32:38.74 32:38.					
2550		2600 33:58.69 33:58.	2650	2700 35:18.80 35:18.	2750	2800 36:40.63 36:40.	2850	2900 38:03.11 38:03.	2950	3000 39:22.07 39:22.					
11	004862241	FERNANDEZ JIMENEZ DAVID										1996	TALAVER		
50	32.16 32.16	100 1:08.23 36.07	150	200 2:24.21 2:24.2	250	300 3:39.67 3:39.6	350	400 4:56.45 4:56.4	450	500 6:14.26 6:14.2			39:26.27		
550		600 7:33.13 7:33.1	650	700 8:52.09 8:52.0	750	800 10:12.63 10:12.	850	900 11:31.67 11:31.	950	1000 12:52.78 12:52.					
1050		1100 14:11.96 14:11.	1150	1200 15:30.99 15:30.	1250	1300 16:51.02 16:51.	1350	1400 18:10.95 18:10.	1450	1500 19:31.49 19:31.					
1550		1600 20:53.27 20:53.	1650	1700 21:13.34 21:13.	1750	1800 23:34.06 23:34.	1850	1900 24:54.67 24:54.	1950	2000 26:14.59 26:14.					
2050		2100 27:35.27 27:35.	2150	2200 28:54.93 28:54.	2250	2300 30:13.92 30:13.	2350	2400 31:34.07 31:34.	2450	2500 32:54.07 32:54.					
2550		2600 34:16.13 34:16.	2650	2700 35:37.30 35:37.	2750	2800 36:55.44 36:55.	2850	2900 38:14.02 38:14.	2950	3000 39:26.27 39:26.					
12	047400513	ROLDAN SASTRE ALBERTO										1996	CNALBACET		
50	33.26 33.26	100 1:09.65 36.39	150	200 2:25.06 2:25.0	250	300 3:41.71 3:41.7	350	400 4:59.34 4:59.3	450	500 6:17.50 6:17.5			39:43.33		
550		600 7:35.75 7:35.7	650	700 8:55.04 8:55.0	750	800 10:14.38 10:14.	850	900 11:33.96 11:33.	950	1000 12:53.93 12:53.					
1050		1100 14:13.45 14:13.	1150	1200 15:33.27 15:33.	1250	1300 16:53.57 16:53.	1350	1400 18:14.17 18:14.	1450	1500 19:34.76 19:34.					
1550		1600 20:55.43 20:55.	1650	1700 22:15.18 22:15.	1750	1800 23:36.05 23:36.	1850	1900 24:56.55 24:56.	1950	2000 26:16.80 26:16.					
2050		2100 27:37.83 27:37.	2150	2200 28:58.05 28:58.	2250	2300 30:19.28 30:19.	2350	2400 31:40.34 31:40.	2450	2500 33:01.28 33:01.					
2550		2600 34:22.89 34:22.	2650	2700 35:44.21 35:44.	2750	2800 37:06.08 37:06.	2850	2900 38:28.07 38:28.	2950	3000 39:43.33 39:43.					

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
BAJ: BAJA

MSL SW.RESULTADOS_GENERAL.V0 Información correcta a 13:37:24 20/12/2009

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MSL SPORTEC Sistemas de Información, MSL Software - www.msl.es





RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
13	003142123	LOPEZ JIMENEZ PABLO										1994	GUAJARA		40:01.39
50	34.45 34.45	100 1:11.48 37.03	150	200 2:28.77 2:28.7	250	300 3:48.15 3:48.1	350	400 5:09.30 5:09.3	450	500 6:28.23 6:28.2					
550		600 7:48.36 7:48.3	650	700 9:06.98 9:06.9	750	800 10:25.83 10:25.	850	900 11:44.72 11:44.	950	1000 13:03.70 13:03.					
1050		1100 14:23.96 14:23.	1150	1200 15:44.82 15:44.	1250	1300 17:04.80 17:04.	1350	1400 18:24.29 18:24.	1450	1500 19:46.23 19:46.					
1550		1600 21:08.13 21:08.	1650	1700 22:28.66 22:28.	1750	1800 23:51.29 23:51.	1850	1900 25:12.73 25:12.	1950	2000 26:33.95 26:33.					
2050		2100 27:55.65 27:55.	2150	2200 29:16.06 29:16.	2250	2300 30:36.71 30:36.	2350	2400 31:57.43 31:57.	2450	2500 33:19.53 33:19.					
2550		2600 34:41.98 34:41.	2650	2700 36:03.64 36:03.	2750	2800 37:23.12 37:23.	2850	2900 38:43.77 38:43.	2950	3000 40:01.39 40:01.					
14	071229838	ROMERA MARIN ALFONSO										1990	AQUA VALDEP		40:53.69
50	33.85 33.85	100 1:11.38 37.53	150	200 2:27.84 2:27.8	250	300 3:45.71 3:45.7	350	400 5:06.09 5:06.0	450	500 6:27.19 6:27.1					
550		600 7:49.79 7:49.7	650	700 9:12.09 9:12.0	750	800 10:33.82 10:33.	850	900 11:56.74 11:56.	950	1000 13:17.97 13:17.					
1050		1100 14:39.08 14:39.	1150	1200 16:02.09 16:02.	1250	1300 17:23.84 17:23.	1350	1400 18:45.66 18:45.	1450	1500 20:07.41 20:07.					
1550		1600 21:29.07 21:29.	1650	1700 22:53.09 22:53.	1750	1800 24:17.65 24:17.	1850	1900 25:41.75 25:41.	1950	2000 27:06.09 27:06.					
2050		2100 28:28.82 28:28.	2150	2200 29:52.59 29:52.	2250	2300 31:15.56 31:15.	2350	2400 32:40.08 32:40.	2450	2500 34:04.28 34:04.					
2550		2600 35:27.82 35:27.	2650	2700 36:50.94 36:50.	2750	2800 38:12.74 38:12.	2850	2900 39:33.69 39:33.	2950	3000 40:53.69 40:53.					
15	099080963	MUÑOZ EL MERABETY YASIN										1997	CNALBACET		41:53.79
50	34.10 34.10	100 1:11.94 37.84	150	200 2:29.78 2:29.7	250	300 3:49.39 3:49.3	350	400 5:09.59 5:09.5	450	500 6:31.37 6:31.3					
550		600 7:53.02 7:53.0	650	700 9:14.11 9:14.1	750	800 10:36.89 10:36.	850	900 12:00.39 12:00.	950	1000 13:23.17 13:23.					
1050		1100 14:44.62 14:44.	1150	1200 16:08.25 16:08.	1250	1300 17:33.51 17:33.	1350	1400 18:58.02 18:58.	1450	1500 20:24.67 20:24.					
1550		1600 21:50.21 21:50.	1650	1700 23:16.04 23:16.	1750	1800 24:42.96 24:42.	1850	1900 26:07.88 26:07.	1950	2000 27:34.50 27:34.					
2050		2100 29:01.65 29:01.	2150	2200 30:28.96 30:28.	2250	2300 31:55.91 31:55.	2350	2400 33:22.07 33:22.	2450	2500 34:47.86 34:47.					
2550		2600 36:15.06 36:15.	2650	2700 37:41.50 37:41.	2750	2800 39:07.44 39:07.	2850	2900 40:32.55 40:32.	2950	3000 41:53.79 41:53.					

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
BAJ: BAJA





RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
16	071360964	ARROYO MOLERO VICTOR										1996	AQUA VALDEP		45:46.49
50	39.48 39.48	100 1:24.08 44.60	150	200 2:52.80 2:52.8	250	300 4:21.41 4:21.4	350	400 5:53.02 5:53.0	450	500 7:23.58 7:23.5					
550		600 8:54.58 8:54.5	650	700 10:24.61 10:24.	750	800 11:55.90 11:55.	850	900 13:26.55 13:26.	950	1000 14:58.43 14:58.					
1050		1100 16:30.07 16:30.	1150	1200 18:03.02 18:03.	1250	1300 19:35.19 19:35.	1350	1400 21:07.51 21:07.	1450	1500 22:41.73 22:41.					
1550		1600 24:16.24 24:16.	1650	1700 25:47.70 25:47.	1750	1800 27:21.47 27:21.	1850	1900 28:54.05 28:54.	1950	2000 30:28.43 30:28.					
2050		2100 32:01.00 32:01.	2150	2200 33:33.25 33:33.	2250	2300 35:06.61 35:06.	2350	2400 36:40.66 36:40.	2450	2500 38:15.31 38:15.					
2550		2600 39:47.72 39:47.	2650	2700 39:47.72 39:47.	2750	2800 42:50.41 42:50.	2850	2900 44:21.28 44:21.	2950	3000 45:46.49 45:46.					
17	071360965	LOPEZ MERLO ADRIAN										1996	AQUA VALDEP		47:41.76
50	39.73 39.73	100 1:23.94 44.21	150	200 2:55.37 2:55.3	250	300 4:28.89 4:28.8	350	400 6:02.70 6:02.7	450	500 7:38.19 7:38.1					
550		600 9:13.47 9:13.4	650	700 10:50.50 10:50.	750	800 12:28.88 12:28.	850	900 14:05.57 14:05.	950	1000 15:43.87 15:43.					
1050		1100 17:21.97 17:21.	1150	1200 18:58.07 18:58.	1250	1300 20:35.21 20:35.	1350	1400 22:11.28 22:11.	1450	1500 23:47.90 23:47.					
1550		1600 25:24.67 25:24.	1650	1700 26:58.74 26:58.	1750	1800 28:30.57 28:30.	1850	1900 30:05.12 30:05.	1950	2000 31:41.09 31:41.					
2050		2100 33:18.18 33:18.	2150	2200 34:57.60 34:57.	2250	2300 36:36.61 36:36.	2350	2400 38:18.14 38:18.	2450	2500 39:55.42 39:55.					
2550		2600 41:34.34 41:34.	2650	2700 43:10.21 43:10.	2750	2800 44:46.30 44:46.	2850	2900 46:20.87 46:20.	2950	3000 47:41.76 47:41.					
18	004853164	GINÉS MAGAZ PABLO										1995	TALAVER		47:44.74
50	38.69 38.69	100 1:22.95 44.26	150	200 2:55.96 2:55.9	250	300 4:31.37 4:31.3	350	400 6:07.10 6:07.1	450	500 7:42.88 7:42.8					
550		600 9:19.18 9:19.1	650	700 10:55.24 10:55.	750	800 12:32.62 12:32.	850	900 14:09.06 14:09.	950	1000 15:46.91 15:46.					
1050		1100 17:23.23 17:23.	1150	1200 19:00.07 19:00.	1250	1300 20:37.44 20:37.	1350	1400 22:14.03 22:14.	1450	1500 23:51.52 23:51.					
1550		1600 25:28.52 25:28.	1650	1700 27:05.35 27:05.	1750	1800 28:41.85 28:41.	1850	1900 30:18.46 30:18.	1950	2000 31:55.07 31:55.					
2050		2100 33:32.71 33:32.	2150	2200 35:09.21 35:09.	2250	2300 36:45.14 36:45.	2350	2400 38:20.52 38:20.	2450	2500 39:56.02 39:56.					
2550		2600 41:31.28 41:31.	2650	2700 43:07.07 43:07.	2750	2800 44:41.35 44:41.	2850	2900 46:16.83 46:16.	2950	3000 47:44.74 47:44.					

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
BAJ: BAJA





RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA, 20 DICIEMBRE 2009

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Manual

20/12/2009

2 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado				
19	000396110	LUESO SORDO FRANCISCO										1961	C. ALBACETE. M		47:57.69				
50	43.88 43.88	100	1:29.88 46.00	150		200	3:04.52 3:04.5	250		300	4:39.36 4:39.3	350		400	6:13.97 6:13.9	450		500	7:49.97 7:49.9
550		600	9:25.39 9:25.3	650		700	11:01.24 11:01.	750		800	12:37.10 12:37.	850		900	14:12.55 14:12.	950		1000	15:48.44 15:48.
1050		1100	17:24.04 17:24.	1150		1200	18:59.72 18:59.	1250		1300	20:35.64 20:35.	1350		1400	22:11.51 22:11.	1450		1500	23:48.14 23:48.
1550		1600	25:23.93 25:23.	1650		1700	27:00.14 27:00.	1750		1800	28:36.79 28:36.	1850		1900	30:13.62 30:13.	1950		2000	31:50.56 31:50.
2050		2100	33:27.53 33:27.	2150		2200	35:04.60 35:04.	2250		2300	36:41.90 36:41.	2350		2400	38:18.78 38:18.	2450		2500	39:56.01 39:56.
2550		2600	41:33.90 41:33.	2650		2700	43:10.49 43:10.	2750		2800	44:46.48 44:46.	2850		2900	46:23.02 46:23.	2950		3000	47:57.69 47:57.

RT: RETIRADO
NP: NO PRESENTADO

DES: DESCALIFICADO
BAJ: BAJA

