



# RESULTADOS GENERALES



## REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

TOMELLOSO

09/01/2011

### 1 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado
1	004206624	ARROYO FERNANDEZ ALVARO	1985	TALAVER		35:33.57
50	33.72	1:09.07	2:21.02	3:32.59	4:43.69	5:53.96
	33.72	35.35	2:21.0	3:32.5	4:43.6	5:53.9
550	7:05.20	8:15.38	9:26.03	10:36.07	11:47.42	
	7:05.2	8:15.3	9:26.0	10:36.	11:47.	
1050	12:58.13	14:09.53	15:20.71	16:33.01	17:45.91	
	12:58.	14:09.	15:20.	16:33.	17:45.	
1550	18:58.80	20:10.59	21:22.60	22:33.68	23:45.25	
	18:58.	20:10.	21:22.	22:33.	23:45.	
2050	24:57.15	26:08.18	27:19.75	28:30.78	29:42.50	
	24:57.	26:08.	27:19.	28:30.	29:42.	
2550	30:53.28	32:03.82	33:14.47	34:25.88	35:33.57	
	30:53.	32:03.	33:14.	34:25.	35:33.	
2	003926926	RODRÍGUEZ PÉREZ-CEJUELA ÁLVARO	1993	GUAJARA		36:28.59
50	33.34	1:09.52	2:22.04	3:34.30	4:46.52	5:58.41
	33.34	36.18	2:22.0	3:34.3	4:46.5	5:58.4
550	7:10.63	8:22.56	9:35.04	10:48.10	12:00.46	
	7:10.6	8:22.5	9:35.0	10:48.	12:00.	
1050	13:13.47	14:00.00	15:41.24	16:54.51	18:08.53	
	13:13.	14:00.	15:41.	16:54.	18:08.	
1550	19:22.29	20:36.46	21:51.14	23:05.63	24:20.31	
	19:22.	20:36.	21:51.	23:05.	24:20.	
2050	25:33.41	36:45.27	27:57.25	29:10.19	30:23.40	
	25:33.	36:45.	27:57.	29:10.	30:23.	
2550	31:36.43	32:50.30	34:03.92	35:17.59	36:28.59	
	31:36.	32:50.	34:03.	35:17.	36:28.	
3	004206623	ARROYO FERNANDEZ RUBEN	1980	TALAVER		36:42.26
50	33.20	1:08.93	2:21.27	3:33.31	4:45.95	5:57.82
	33.20	35.73	2:21.2	3:33.3	4:45.9	5:57.8
550	7:09.95	8:22.08	9:34.74	10:47.66	12:00.66	
	7:09.9	8:22.0	9:34.7	10:47.	12:00.	
1050	13:13.98	14:27.56	15:41.08	16:54.55	18:08.73	
	13:13.	14:27.	15:41.	16:54.	18:08.	
1550	19:22.62	20:36.60	21:51.09	23:06.10	24:21.21	
	19:22.	20:36.	21:51.	23:06.	24:21.	
2050	25:34.29	26:47.63	28:01.92	29:16.18	30:30.47	
	25:34.	26:47.	28:01.	29:16.	30:30.	
2550	31:44.73	32:59.22	34:14.04	35:28.64	36:42.26	
	31:44.	32:59.	34:14.	35:28.	36:42.	

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA





# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 1 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado				
4	099080101	ERMALAI VICTOR										1989	CNALBACET		37:29.16				
50	32.49	100	1:08.58	150	2:23.18	200	2:23.18	250	3:35.99	300	3:35.99	350	4:54.81	400	4:54.81	450	6:09.84	500	6:09.84
	32.49		36.09		2:23.1		3:35.9		4:54.8		4:54.8		6:09.8		6:09.8		6:09.8		6:09.8
550		600	7:25.09	650	8:39.55	700	8:39.55	750	9:54.09	800	9:54.09	850	11:06.37	900	11:06.37	950	12:20.99	1000	12:20.99
			7:25.0		8:39.5		8:39.5		9:54.0		9:54.0		11:06.3		11:06.3		12:20.9		12:20.9
1050		1100	13:34.08	1150	14:45.66	1200	14:45.66	1250	16:03.58	1300	16:03.58	1350	17:18.99	1400	17:18.99	1450	18:34.08	1500	18:34.08
			13:34.		14:45.		14:45.		16:03.		16:03.		17:18.		17:18.		18:34.		18:34.
1550		1600	19:48.88	1650	21:04.63	1700	21:04.63	1750	22:19.87	1800	22:19.87	1850	23:35.37	1900	23:35.37	1950	24:51.09	2000	24:51.09
			19:48.		21:04.		21:04.		22:19.		22:19.		23:35.		23:35.		24:51.		24:51.
2050		2100	26:06.96	2150	27:23.37	2200	27:23.37	2250	28:30.41	2300	28:30.41	2350	29:55.74	2400	29:55.74	2450	31:12.08	2500	31:12.08
			26:06.		27:23.		27:23.		28:30.		28:30.		29:55.		29:55.		31:12.		31:12.
2550		2600	32:28.46	2650	33:44.84	2700	33:44.84	2750	35:00.49	2800	35:00.49	2850	36:16.09	2900	36:16.09	2950	37:29.16	3000	37:29.16
			32:28.		33:44.		33:44.		35:00.		35:00.		36:16.		36:16.		37:29.		37:29.
5	014313583	BELLOT DEL CAMPO DIEGO										1993	ALMANSA		38:11.74				
50	33.20	100	1:10.23	150	2:25.39	200	2:25.39	250	3:41.43	300	3:41.43	350	4:56.70	400	4:56.70	450	6:11.87	500	6:11.87
	33.20		37.03		2:25.3		2:25.3		3:41.4		3:41.4		4:56.7		4:56.7		6:11.8		6:11.8
550		600	7:28.20	650	8:43.87	700	8:43.87	750	10:00.11	800	10:00.11	850	11:16.70	900	11:16.70	950	12:32.96	1000	12:32.96
			7:28.2		8:43.8		8:43.8		10:00.		10:00.		11:16.		11:16.		12:32.		12:32.
1050		1100	13:48.80	1150	15:05.46	1200	15:05.46	1250	16:21.11	1300	16:21.11	1350	17:36.99	1400	17:36.99	1450	18:52.55	1500	18:52.55
			13:48.		15:05.		15:05.		16:21.		16:21.		17:36.		17:36.		18:52.		18:52.
1550		1600	20:09.11	1650	21:25.33	1700	21:25.33	1750	22:43.17	1800	22:43.17	1850	24:00.39	1900	24:00.39	1950	25:17.96	2000	25:17.96
			20:09.		21:25.		21:25.		22:43.		22:43.		24:00.		24:00.		25:17.		25:17.
2050		2100	26:34.70	2150	27:51.93	2200	27:51.93	2250	29:08.83	2300	29:08.83	2350	30:26.49	2400	30:26.49	2450	31:44.17	2500	31:44.17
			26:34.		27:51.		27:51.		29:08.		29:08.		30:26.		30:26.		31:44.		31:44.
2550		2600	33:03.49	2650	34:21.96	2700	34:21.96	2750	35:40.49	2800	35:40.49	2850	36:57.67	2900	36:57.67	2950	38:11.74	3000	38:11.74
			33:03.		34:21.		34:21.		35:40.		35:40.		36:57.		36:57.		38:11.		38:11.
6	047098892	ZORNOZA VILLOLDO ALEJANDRO										1991	CNALBACET		38:44.54				
50	32.72	100	1:09.26	150	2:23.63	200	2:23.63	250	3:39.13	300	3:39.13	350	4:56.63	400	4:56.63	450	6:12.37	500	6:12.37
	32.72		36.54		2:23.6		2:23.6		3:39.1		3:39.1		4:56.6		4:56.6		6:12.3		6:12.3
550		600	7:30.15	650	8:48.73	700	8:48.73	750	10:07.01	800	10:07.01	850	11:25.55	900	11:25.55	950	12:44.72	1000	12:44.72
			7:30.1		8:48.7		8:48.7		10:07.		10:07.		11:25.		11:25.		12:44.		12:44.
1050		1100	14:04.32	1150	15:23.35	1200	15:23.35	1250	16:42.29	1300	16:42.29	1350	18:01.82	1400	18:01.82	1450	19:20.79	1500	19:20.79
			14:04.		15:23.		15:23.		16:42.		16:42.		18:01.		18:01.		19:20.		19:20.
1550		1600	20:41.54	1650	21:59.76	1700	21:59.76	1750	23:17.55	1800	23:17.55	1850	24:35.88	1900	24:35.88	1950	25:54.31	2000	25:54.31
			20:41.		21:59.		21:59.		23:17.		23:17.		24:35.		24:35.		25:54.		25:54.
2050		2100	27:13.41	2150	28:31.82	2200	28:31.82	2250	29:50.21	2300	29:50.21	2350	31:08.76	2400	31:08.76	2450	32:27.93	2500	32:27.93
			27:13.		28:31.		28:31.		29:50.		29:50.		31:08.		31:08.		32:27.		32:27.
2550		2600	33:43.38	2650	34:59.18	2700	34:59.18	2750	36:15.42	2800	36:15.42	2850	37:31.18	2900	37:31.18	2950	38:44.54	3000	38:44.54
			33:43.		34:59.		34:59.		36:15.		36:15.		37:31.		37:31.		38:44.		38:44.

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# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 1 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado
7	003142122	LOPEZ JIMENEZ ALBERTO JOSE	1991	GUAJARA		38:51.47
50	32.96 32.96	100 1:10.60 37.64	150	200 2:22.12 2:22.1	250	300 3:35.05 3:35.0
550	600 7:19.92 7:19.9	650	700 8:34.07 8:34.0	750	800 9:49.88 9:49.8	850
1050	1100 13:38.26 13:38.	1150	1200 14:56.25 14:56.	1250	1300 16:15.25 16:15.	1350
1550	1600 20:11.03 20:11.	1650	1700 21:29.82 21:29.	1750	1800 22:50.25 22:50.	1850
2050	2100 26:46.56 26:46.	2150	2200 28:04.70 28:04.	2250	2300 29:25.63 29:25.	2350
2550	2600 33:31.74 33:31.	2650	2700 34:54.04 34:54.	2750	2800 36:15.39 36:15.	2850
						2900 37:35.22 37:35.
						2950 38:51.47 38:51.
8	099080963	MUÑOZ EL MERABETY YASIN	1997	CNALBACET		39:19.85
50	34.23 34.23	100 1:11.80 37.57	150	200 2:27.20 2:27.2	250	300 3:43.64 3:43.6
550	600 7:36.36 7:36.3	650	700 8:53.55 8:53.5	750	800 10:10.25 10:10.	850
1050	1100 14:03.60 14:03.	1150	1200 15:22.15 15:22.	1250	1300 16:39.46 16:39.	1350
1550	1600 20:37.01 20:37.	1650	1700 21:57.10 21:57.	1750	1800 23:17.27 23:17.	1850
2050	2100 27:19.95 27:19.	2150	2200 28:41.82 28:41.	2250	2300 30:02.15 30:02.	2350
2550	2600 33:59.53 33:59.	2650	2700 35:19.69 35:19.	2750	2800 36:39.71 36:39.	2850
						2900 38:00.87 38:00.
						2950 39:19.85 39:19.
9	044389931	MORENO MARTINEZ MIGUEL ANGEL	1977	C. ALBACETE. M		39:23.21
50	34.28 34.28	100 1:11.44 37.16	150	200 2:26.88 2:26.8	250	300 3:43.97 3:43.9
550	600 7:36.74 7:36.7	650	700 8:53.56 8:53.5	750	800 10:11.82 10:11.	850
1050	1100 14:08.29 14:08.	1150	1200 15:28.14 15:28.	1250	1300 16:47.97 16:47.	1350
1550	1600 20:48.10 20:48.	1650	1700 22:08.46 22:08.	1750	1800 23:29.25 23:29.	1850
2050	2100 27:28.14 27:28.	2150	2200 28:48.77 28:48.	2250	2300 30:08.25 30:08.	2350
2550	2600 34:08.90 34:08.	2650	2700 35:28.08 35:28.	2750	2800 36:47.83 36:47.	2850
						2900 38:08.14 38:08.
						2950 39:23.21 39:23.

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA

MSL SW.RESULTADOS\_GENERAL.V0 Información correcta a 14:07:09 09/01/2011

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# RESULTADOS GENERALES



## REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

### 1 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
10	049214287	ARENAS JIMENEZ ANTONIO										1997	CNALBACET		41:41.00
50	37.34 37.34	100 1:17.57 40.23	150	200 2:41.31 2:41.3	250	300 4:05.19 4:05.1	350	400 5:29.07 5:29.0	450	500 6:53.50 6:53.5					
550		600 8:16.47 8:16.4	650	700 9:42.07 9:42.0	750	800 11:06.63 11:06.	850	900 12:31.22 12:31.	950	1000 13:54.34 13:54.					
1050		1100 15:16.50 15:16.	1150	1200 16:39.63 16:39.	1250	1300 18:03.63 18:03.	1350	1400 19:28.37 19:28.	1450	1500 20:52.34 20:52.					
1550		1600 22:16.57 22:16.	1650	1700 23:40.72 23:40.	1750	1800 25:04.28 25:04.	1850	1900 26:28.75 26:28.	1950	2000 27:51.69 27:51.					
2050		2100 29:14.88 29:14.	2150	2200 30:35.88 30:35.	2250	2300 31:59.88 31:59.	2350	2400 33:23.97 33:23.	2450	2500 34:47.16 34:47.					
2550		2600 36:10.16 36:10.	2650	2700 37:34.37 37:34.	2750	2800 38:58.57 38:58.	2850	2900 40:22.00 40:22.	2950	3000 41:41.00 41:41.					
11	044785290	AGUADO GALA DANIEL										1993	TORRIJO		42:24.22
50	34.41 34.41	100 1:13.05 38.64	150	200 2:34.22 2:34.2	250	300 3:56.47 3:56.4	350	400 5:19.68 5:19.6	450	500 6:43.08 6:43.0					
550		600 8:08.34 8:08.3	650	700 9:32.41 9:32.4	750	800 10:55.08 10:55.	850	900 12:21.40 12:21.	950	1000 13:47.94 13:47.					
1050		1100 15:14.31 15:14.	1150	1200 16:42.93 16:42.	1250	1300 18:10.47 18:10.	1350	1400 19:38.44 19:38.	1450	1500 21:06.61 21:06.					
1550		1600 22:34.58 22:34.	1650	1700 24:04.01 24:04.	1750	1800 25:30.47 25:30.	1850	1900 26:54.44 26:54.	1950	2000 28:19.19 28:19.					
2050		2100 29:45.44 29:45.	2150	2200 31:10.29 31:10.	2250	2300 32:36.52 32:36.	2350	2400 34:03.18 34:03.	2450	2500 35:30.22 35:30.					
2550		2600 36:56.98 36:56.	2650	2700 38:20.37 38:20.	2750	2800 39:42.95 39:42.	2850	2900 41:05.52 41:05.	2950	3000 42:24.22 42:24.					
12	004858437	LOPEZ RUBIO CRISTIAN										1994	TALAVER		42:36.29
50	34.56 34.56	100 1:12.44 37.88	150	200 2:33.03 2:33.0	250	300 3:58.56 3:58.5	350	400 5:23.04 5:23.0	450	500 6:48.23 6:48.2					
550		600 8:14.29 8:14.2	650	700 9:40.02 9:40.0	750	800 11:07.02 11:07.	850	900 13:17.56 13:17.	950	1000 14:43.49 14:43.					
1050		1100 16:09.67 16:09.	1150	1200 17:35.79 17:35.	1250	1300 19:02.87 19:02.	1350	1400	1450	1500 21:11.95 21:11.					
1550		1600 22:38.65 22:38.	1650	1700 24:03.95 24:03.	1750	1800 25:20.02 25:20.	1850	1900 26:54.09 26:54.	1950	2000 28:18.94 28:18.					
2050		2100 29:45.00 29:45.	2150	2200 31:09.83 31:09.	2250	2300 32:38.00 32:38.	2350	2400 34:02.61 34:02.	2450	2500 35:29.38 35:29.					
2550		2600 36:56.10 36:56.	2650	2700 38:21.35 38:21.	2750	2800 39:46.01 39:46.	2850	2900 41:12.23 41:12.	2950	3000 42:36.29 42:36.					

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# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 1 - 3000 m. LIBRE MASCULINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
13	047449346	DE DOMINGO MONDEJAR IGNACIO										1997	CNALBACET		42:48.09
50	37.60 37.60	100 1:18.23 40.63	150	200 2:42.00 2:42.0	250	300 4:08.00 4:08.0	350	400 5:33.23 5:33.2	450	500 6:59.60 6:59.6					
550		600 8:24.65 8:24.6	650	700 9:49.82 9:49.8	750	800 11:16.47 11:16.	850	900 12:40.83 12:40.	950	1000 14:05.86 14:05.					
1050		1100 15:30.49 15:30.	1150	1200 16:52.68 16:52.	1250	1300 18:16.37 18:16.	1350	1400 19:42.15 19:42.	1450	1500 21:07.15 21:07.					
1550		1600 22:29.92 22:29.	1650	1700 23:54.86 23:54.	1750	1800 25:20.58 25:20.	1850	1900 26:47.60 26:47.	1950	2000 28:13.04 28:13.					
2050		2100 29:34.94 29:34.	2150	2200 31:02.49 31:02.	2250	2300 32:32.94 32:32.	2350	2400 34:02.41 34:02.	2450	2500 35:30.61 35:30.					
2550		2600 36:58.05 36:58.	2650	2700 38:28.81 38:28.	2750	2800 39:59.43 39:59.	2850	2900 41:27.01 41:27.	2950	3000 42:48.09 42:48.					
14	000396110	LUESO SORDO FRANCISCO										1961	C. ALBACETE. M		44:50.48
50	43.51 43.51	100 1:28.12 44.61	150	200 2:59.43 2:59.4	250	300 4:29.40 4:29.4	350	400 5:58.81 5:58.8	450	500 7:28.29 7:28.2					
550		600 8:57.76 8:57.7	650	700 10:27.71 10:27.	750	800 11:58.24 11:58.	850	900 13:28.89 13:28.	950	1000 14:59.24 14:59.					
1050		1100 16:29.33 16:29.	1150	1200 17:59.70 17:59.	1250	1300 19:30.69 19:30.	1350	1400 21:01.31 21:01.	1450	1500 22:30.93 22:30.					
1550		1600 24:00.88 24:00.	1650	1700 25:31.59 25:31.	1750	1800 27:01.03 27:01.	1850	1900 28:31.27 28:31.	1950	2000 30:01.88 30:01.					
2050		2100 31:31.38 31:31.	2150	2200 33:00.58 33:00.	2250	2300 34:29.69 34:29.	2350	2400 35:59.20 35:59.	2450	2500 37:28.85 37:28.					
2550		2600 38:57.94 38:57.	2650	2700 40:26.95 40:26.	2750	2800 41:54.94 41:54.	2850	2900 43:24.12 43:24.	2950	3000 44:50.48 44:50.					
15	004862464	PAJARERO SIERRA DAVID										1997	CNAQUÏS		44:52.13
50	35.91 35.91	100 1:15.91 40.00	150	200 2:40.35 2:40.3	250	300 4:05.69 4:05.6	350	400 5:32.63 5:32.6	450	500 7:00.84 7:00.8					
550		600 8:29.19 8:29.1	650	700 9:59.34 9:59.3	750	800 11:28.00 11:28.	850	900 12:58.98 12:58.	950	1000 14:29.47 14:29.					
1050		1100 16:00.75 16:00.	1150	1200 17:30.44 17:30.	1250	1300 19:01.73 19:01.	1350	1400 20:32.75 20:32.	1450	1500 22:04.28 22:04.					
1550		1600 23:35.56 23:35.	1650	1700 25:08.59 25:08.	1750	1800 26:41.19 26:41.	1850	1900 28:14.28 28:14.	1950	2000 29:45.69 29:45.					
2050		2100 31:16.44 31:16.	2150	2200 32:50.19 32:50.	2250	2300 34:23.54 34:23.	2350	2400 35:54.91 35:54.	2450	2500 37:24.51 37:24.					
2550		2600 38:54.50 38:54.	2650	2700 40:22.47 40:22.	2750	2800 41:53.28 41:53.	2850	2900 43:23.88 43:23.	2950	3000 44:52.13 44:52.					

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA





# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 2 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado
1	004626271	AMO GUEVARA ANDREA										1993	NCUENCA		39:52.86
50	33.44 33.44	100 1:12.10 38.66	150	200 2:30.30 2:30.3	250	300 3:49.03 3:49.0	350	400 5:07.40 5:07.4	450	500 6:26.88 6:26.8					
550		600 7:46.61 7:46.6	650	700 9:05.88 9:05.8	750	800 10:25.65 10:25.	850	900 11:45.57 11:45.	950	1000 13:06.10 13:06.					
1050		1100 14:25.95 14:25.	1150	1200 15:45.97 15:45.	1250	1300 17:06.13 17:06.	1350	1400 18:27.24 18:27.	1450	1500 19:49.14 19:49.					
1550		1600 21:10.38 21:10.	1650	1700 22:32.97 22:32.	1750	1800 23:54.47 23:54.	1850	1900 25:15.58 25:15.	1950	2000 26:34.65 26:34.					
2050		2100 27:53.03 27:53.	2150	2200 29:13.62 29:13.	2250	2300 30:34.74 30:34.	2350	2400 31:55.01 31:55.	2450	2500 33:16.40 33:16.					
2550		2600 34:27.91 34:27.	2650	2700 35:59.74 35:59.	2750	2800 37:18.39 37:18.	2850	2900 38:37.62 38:37.	2950	3000 39:52.86 39:52.					
2	004631753	GIL ABARCA ALEJANDRA										1998	NCUENCA		42:48.77
50	39.18 39.18	100 1:21.11 41.93	150	200 2:46.84 2:46.8	250	300 4:13.14 4:13.1	350	400 5:38.67 5:38.6	450	500 7:04.74 7:04.7					
550		600 8:27.53 8:27.5	650	700 9:55.96 9:55.9	750	800 11:21.11 11:21.	850	900 12:47.45 12:47.	950	1000 14:15.17 14:15.					
1050		1100 15:42.65 15:42.	1150	1200 17:09.36 17:09.	1250	1300 18:35.11 18:35.	1350	1400 19:59.93 19:59.	1450	1500 21:26.77 21:26.					
1550		1600 22:53.74 22:53.	1650	1700 24:21.36 24:21.	1750	1800 25:47.56 25:47.	1850	1900 27:14.95 27:14.	1950	2000 28:40.90 28:40.					
2050		2100 30:06.78 30:06.	2150	2200 31:31.86 31:31.	2250	2300 32:55.74 32:55.	2350	2400 34:21.58 34:21.	2450	2500 35:47.36 35:47.					
2550		2600 37:13.74 37:13.	2650	2700 38:39.58 38:39.	2750	2800 40:04.46 40:04.	2850	2900 41:27.24 41:27.	2950	3000 42:48.77 42:48.					
3	048155452	JIMENEZ ALARCON ESTHER										1998	CNALBACET		42:49.00
50	39.77 39.77	100 1:21.46 41.69	150	200 2:47.05 2:47.0	250	300 4:13.77 4:13.7	350	400 5:39.43 5:39.4	450	500 7:05.49 7:05.4					
550		600 8:31.99 8:31.9	650	700 9:56.77 9:56.7	750	800 11:22.05 11:22.	850	900 12:48.08 12:48.	950	1000 14:15.11 14:15.					
1050		1100 15:42.99 15:42.	1150	1200 17:09.87 17:09.	1250	1300 18:36.11 18:36.	1350	1400 20:01.23 20:01.	1450	1500 21:27.52 21:27.					
1550		1600 22:55.05 22:55.	1650	1700 24:21.58 24:21.	1750	1800 25:48.14 25:48.	1850	1900 27:14.87 27:14.	1950	2000 28:41.99 28:41.					
2050		2100 30:07.39 30:07.	2150	2200 31:31.99 31:31.	2250	2300 32:56.39 32:56.	2350	2400 34:21.58 34:21.	2450	2500 35:47.93 35:47.					
2550		2600 37:14.11 37:14.	2650	2700 38:40.08 38:40.	2750	2800 40:05.00 40:05.	2850	2900 41:29.00 41:29.	2950	3000 42:49.00 42:49.					

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA







# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 2 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado						
4	004626462	SORIANO PASCUAL MARTA										1998	NCUENCA		44:15.00						
50	38.99	100	1:22.43	150	2:53.02	200	4:23.64	250	5:52.58	300	7:21.08	350	8:48.50	400	10:16.61	450	11:44.49	500	13:13.20	550	14:42.27
	38.99		43.44		2:53.0		4:23.6		5:52.5		7:21.0		8:48.5		10:16.		11:44.		13:13.		14:42.
1050		1100	16:12.67	1150	17:41.43	1200	19:11.05	1250	20:40.20	1300	22:09.02	1350	23:38.14	1400	25:07.61	1450	26:36.83	1500	28:05.46	1550	29:35.33
			16:12.		17:41.		19:11.		20:40.		22:09.		23:38.		25:07.		26:36.		28:05.		29:35.
2050		2100	31:05.33	2150	32:34.83	2200	34:04.02	2250	35:33.49	2300	37:03.46	2350	38:32.80	2400	40:01.00	2450	41:30.00	2500	42:56.00	2550	44:15.00
			31:05.		32:34.		34:04.		35:33.		37:03.		38:32.		40:01.		41:30.		42:56.		44:15.
5	004223375	CRUZ GARCÍA AURORA										1995	TORRIJO		45:56.96						
50	36.35	100	1:17.21	150	2:44.29	200	4:13.60	250	5:43.71	300	7:13.28	350	8:44.62	400	10:14.95	450	11:47.04	500	13:19.33	550	14:51.71
	36.35		40.86		2:44.2		4:13.6		5:43.7		7:13.2		8:44.6		10:14.		11:47.		13:19.		14:51.
1050		1100	16:24.01	1150	17:59.18	1200	19:32.30	1250	21:04.96	1300	22:37.85	1350	24:11.51	1400	25:45.92	1450	27:18.66	1500	28:51.34	1550	30:23.54
			16:24.		17:59.		19:32.		21:04.		22:37.		24:11.		25:45.		27:18.		28:51.		30:23.
2050		2100	31:56.91	2150	33:32.84	2200	35:07.70	2250	36:42.46	2300	38:14.93	2350	39:49.20	2400	41:23.07	2450	42:56.27	2500	44:28.98	2550	45:56.96
			31:56.		33:32.		35:07.		36:42.		38:14.		39:49.		41:23.		42:56.		44:28.		45:56.
6	003923528	MOLINA FRIAS PAULA										1995	TORRIJO		47:54.14						
50	36.41	100	1:18.57	150	2:47.85	200	4:20.93	250	5:52.86	300	7:27.32	350	9:01.81	400	10:37.01	450	12:13.39	500	13:47.75	550	15:21.76
	36.41		42.16		2:47.8		4:20.9		5:52.8		7:27.3		9:01.8		10:37.		12:13.		13:47.		15:21.
1050		1100	16:57.87	1150	18:34.33	1200	20:10.80	1250	21:47.87	1300	23:24.16	1350	25:02.94	1400	26:41.96	1450	28:21.14	1500	30:00.25	1550	31:39.84
			16:57.		18:34.		20:10.		21:47.		23:24.		25:02.		26:41.		28:21.		30:00.		31:39.
2050		2100	33:19.08	2150	34:59.40	2200	36:37.51	2250	38:17.58	2300	39:56.49	2350	41:34.90	2400	43:12.52	2450	44:47.62	2500	46:23.27	2550	47:54.14
			33:19.		34:59.		36:37.		38:17.		39:56.		41:34.		43:12.		44:47.		46:23.		47:54.

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA





# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 2 - 3000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
7	003925546	PRIETO LÓPEZ ALBA	1992	TORRIJO		49:38.54					
50	43.19	100 1:29.51 46.32	150	200 3:03.84 3:03.8	250	300 4:41.65 4:41.6	350	400 6:32.84 6:32.8	450	500 7:59.75 7:59.7	
550		600 9:38.28 9:38.2	650	700 11:15.83 11:15.	750	800 12:53.56 12:53.	850	900 14:32.80 14:32.	950	1000 16:10.84 16:10.	
1050		1100 17:50.49 17:50.	1150	1200 19:30.16 19:30.	1250	1300 21:09.88 21:09.	1350	1400 22:47.86 22:47.	1450	1500 24:27.84 24:27.	
1550		1600 26:07.99 26:07.	1650	1700 27:50.14 27:50.	1750	1800 29:31.35 29:31.	1850	1900 31:10.78 31:10.	1950	2000 32:51.62 32:51.	
2050		2100 34:33.29 34:33.	2150	2200 36:16.96 36:16.	2250	2300 38:01.06 38:01.	2350	2400 39:43.51 39:43.	2450	2500 41:24.76 41:24.	
2550		2600 43:07.26 43:07.	2650	2700 44:47.09 44:47.	2750	2800 46:24.44 46:24.	2850	2900 48:03.56 48:03.	2950	3000 49:38.54 49:38.	
8	004862268	FERNANDEZ MIGUEL NURIA	1998	TALAVER		49:49.58					
50	38.87	100 1:22.25 43.38	150	200 2:53.72 2:53.7	250	300 4:28.11 4:28.1	350	400 6:03.69 6:03.6	450	500 7:41.70 7:41.7	
550		600 9:19.61 9:19.6	650	700 10:56.45 10:56.	750	800 12:35.25 12:35.	850	900 14:15.61 14:15.	950	1000 15:55.58 15:55.	
1050		1100 17:38.65 17:38.	1150	1200 19:22.57 19:22.	1250	1300 21:07.34 21:07.	1350	1400 22:52.62 22:52.	1450	1500 24:35.66 24:35.	
1550		1600 26:18.33 26:18.	1650	1700 27:57.55 27:57.	1750	1800 29:37.55 29:37.	1850	1900 31:18.51 31:18.	1950	2000 33:00.17 33:00.	
2050		2100 34:41.44 34:41.	2150	2200 36:24.21 36:24.	2250	2300 38:07.54 38:07.	2350	2400 39:48.94 39:48.	2450	2500 41:30.26 41:30.	
2550		2600 43:11.71 43:11.	2650	2700 44:53.47 44:53.	2750	2800 46:35.39 46:35.	2850	2900 48:14.50 48:14.	2950	3000 49:49.58 49:49.	
9	004861043	DE LA CRUZ CASTRO IRENE	1998	TALAVER		52:09.68					
50	40.71	100 1:27.88 47.17	150	200 3:07.64 3:07.6	250	300 4:49.16 4:49.1	350	400 6:31.20 6:31.2	450	500 8:13.86 8:13.8	
550		600 9:57.01 9:57.0	650	700 11:41.62 11:41.	750	800 13:25.32 13:25.	850	900 15:09.81 15:09.	950	1000 16:55.33 16:55.	
1050		1100 18:41.15 18:41.	1150	1200 20:26.01 20:26.	1250	1300 22:13.98 22:13.	1350	1400 24:02.18 24:02.	1450	1500 25:48.18 25:48.	
1550		1600 27:33.35 27:33.	1650	1700 29:18.62 29:18.	1750	1800 31:03.62 31:03.	1850	1900 32:52.57 32:52.	1950	2000 34:39.18 34:39.	
2050		2100 36:22.92 36:22.	2150	2200 38:07.97 38:07.	2250	2300 39:50.32 39:50.	2350	2400 41:36.59 41:36.	2450	2500 43:24.43 43:24.	
2550		2600 45:12.08 45:12.	2650	2700 46:56.81 46:56.	2750	2800 48:40.50 48:40.	2850	2900 50:26.06 50:26.	2950	3000 52:09.68 52:09.	
	004625928	SORIA HORTELANO ELENA	1995	NCUENCA		BAJ					

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA







# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 3 - 2000 m. LIBRE MASCULINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado	
1	004862241	FERNANDEZ JIMENEZ DAVID	1996	TALAVER			
50	32.02 32.02	100 1:07.20 35.18	150	200 2:21.19 2:21.1	250	300 3:37.44 3:37.4	
						350 4:54.35 4:54.3	
						400 5:54.35 5:54.3	
						450 6:12.03 6:12.0	
						500 6:12.03 6:12.0	
550	7:30.01 7:30.0	650	700 8:47.83 8:47.8	750	800 10:07.49 10:07.	850	900 11:24.99 11:24.
						950 12:43.15 12:43.	
1050	14:01.30 14:01.	1150	1200 15:20.29 15:20.	1250	1300 16:39.43 16:39.	1350	1400 17:56.97 17:56.
						1450 19:14.56 19:14.	
1550	20:33.56 20:33.	1650	1700 21:50.85 21:50.	1750	1800 23:09.16 23:09.	1850	1900 24:27.44 24:27.
						1950 25:43.99 25:43.	
						2000 25:43.99 25:43.	
2	047400513	ROLDAN SASTRE ALBERTO	1996	CNALBACET			
50	34.27 34.27	100 1:10.54 36.27	150	200 2:27.24 2:27.2	250	300 3:46.17 3:46.1	
						350 5:06.01 5:06.0	
						400 5:06.01 5:06.0	
						450 6:25.95 6:25.9	
						500 6:25.95 6:25.9	
550	7:46.15 7:46.1	650	700 9:07.14 9:07.1	750	800 10:27.85 10:27.	850	900 11:49.73 11:49.
						950 13:10.88 13:10.	
1050	14:31.64 14:31.	1150	1200 15:52.98 15:52.	1250	1300 17:15.26 17:15.	1350	1400 18:37.43 18:37.
						1450 19:59.67 19:59.	
1550	21:20.99 21:20.	1650	1700 22:42.79 22:42.	1750	1800 24:03.89 24:03.	1850	1900 25:24.23 25:24.
						1950 26:39.46 26:39.	
						2000 26:39.46 26:39.	
3	004859830	PEREZ CORDERO ADRIAN	1996	TALAVER			
50	32.23 32.23	100 1:09.40 37.17	150	200 2:27.66 2:27.6	250	300 3:50.03 3:50.0	
						350 5:14.84 5:14.8	
						400 5:14.84 5:14.8	
						450 6:40.24 6:40.2	
						500 6:40.24 6:40.2	
550	8:06.80 8:06.8	650	700 9:33.10 9:33.1	750	800 11:02.34 11:02.	850	900 12:29.92 12:29.
						950 13:56.24 13:56.	
1050	15:24.38 15:24.	1150	1200 16:52.84 16:52.	1250	1300 18:22.03 18:22.	1350	1400 19:52.39 19:52.
						1450 21:21.76 21:21.	
1550	22:51.25 22:51.	1650	1700 24:20.61 24:20.	1750	1800 25:49.92 25:49.	1850	1900 27:16.11 27:16.
						1950 28:36.56 28:36.	
						2000 28:36.56 28:36.	
4	048154329	MORENO OJEDA MARTIN	1995	LARODA			
50	35.83 35.83	100 1:16.98 41.15	150	200 2:44.99 2:44.9	250	300 4:16.03 4:16.0	
						350 5:48.39 5:48.3	
						400 5:48.39 5:48.3	
						450 7:23.68 7:23.6	
						500 7:23.68 7:23.6	
550	9:00.16 9:00.1	650	700 10:36.72 10:36.	750	800 12:13.07 12:13.	850	900 13:50.72 13:50.
						950 15:29.46 15:29.	
1050	17:07.38 17:07.	1150	1200 18:45.56 18:45.	1250	1300 20:24.93 20:24.	1350	1400 22:04.27 22:04.
						1450 23:43.88 23:43.	
1550	25:23.17 25:23.	1650	1700 26:59.33 26:59.	1750	1800 28:38.25 28:38.	1850	1900 30:16.17 30:16.
						1950 31:53.20 31:53.	
						2000 31:53.20 31:53.	
5	071222832	GARCIA-CERVIGON ROMERO DAVID	1995	QUIJOTE			
50	40.64 40.64	100 1:25.05 44.41	150	200 2:59.75 2:59.7	250	300 4:38.97 4:38.9	
						350 6:19.59 6:19.5	
						400 6:19.59 6:19.5	
						450 8:01.03 8:01.0	
						500 8:01.03 8:01.0	
550	9:42.88 9:42.8	650	700 11:25.25 11:25.	750	800 13:08.20 13:08.	850	900 14:52.11 14:52.
						950 16:35.64 16:35.	
1050	18:19.13 18:19.	1150	1200 20:04.25 20:04.	1250	1300 21:48.20 21:48.	1350	1400 23:33.66 23:33.
						1450 25:19.28 25:19.	
1550	27:02.70 27:02.	1650	1700 28:45.13 28:45.	1750	1800 30:31.84 30:31.	1850	1900 32:15.44 32:15.
						1950 33:52.16 33:52.	
						2000 33:52.16 33:52.	
053634748		RUBIO JAREÑO SERGIO	1995	CNALBACET			

DES

RT: RETIRADO  
NP: NO PRESENTADO

DES: DESCALIFICADO  
BAJ: BAJA





# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 4 - 2000 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado					
1	099080964	PEÑA LUJAN PAULA	1997	CNALBACET							
50	38.40 38.40	100 1:19.65 41.25	150	200 2:43.17 2:43.1	250	300 4:06.48 4:06.4	350	400 5:30.17 5:30.1	450	500 6:53.56 6:53.5	27:26.68
550		600 8:17.29 8:17.2	650	700 9:40.05 9:40.0	750	800 11:01.60 11:01.	850	900 12:23.99 12:23.	950	1000 13:46.38 13:46.	
1050		1100 15:08.01 15:08.	1150	1200 16:30.69 16:30.	1250	1300 17:52.79 17:52.	1350	1400 19:14.69 19:14.	1450	1500 20:37.93 20:37.	
1550		1600 22:00.80 22:00.	1650	1700 23:23.48 23:23.	1750	1800 24:45.09 24:45.	1850	1900 26:06.32 26:06.	1950	2000 27:26.68 27:26.	
2	015501337	NOMBELA ARROGANTE CELIA	1996	TORRIJO							
50	33.76 33.76	100 1:12.01 38.25	150	200 2:32.41 2:32.4	250	300 3:57.16 3:57.1	350	400 5:22.57 5:22.5	450	500 6:48.45 6:48.4	28:29.37
550		600 8:14.37 8:14.3	650	700 4:40.20 4:40.2	750	800 11:06.79 11:06.	850	900 12:35.56 12:35.	950	1000 14:02.42 14:02.	
1050		1100 15:32.06 15:32.	1150	1200 16:57.91 16:57.	1250	1300 18:23.21 18:23.	1350	1400 19:51.38 19:51.	1450	1500 21:20.68 21:20.	
1550		1600 22:49.99 22:49.	1650	1700 24:18.68 24:18.	1750	1800 25:44.29 25:44.	1850	1900 27:10.53 27:10.	1950	2000 28:29.37 28:29.	
3	004626428	GONZALEZ JORGE ROCIO	1996	NCUENCA							
50	37.39 37.39	100 1:17.88 40.49	150	200 2:42.45 2:42.4	250	300 4:07.69 4:07.6	350	400 5:32.22 5:32.2	450	500 6:56.76 6:56.7	28:30.93
550		600 8:21.32 8:21.3	650	700 9:46.76 9:46.7	750	800 11:11.32 11:11.	850	900 12:36.51 12:36.	950	1000 14:01.74 14:01.	
1050		1100 15:28.47 15:28.	1150	1200 16:55.37 16:55.	1250	1300 18:23.18 18:23.	1350	1400 19:51.59 19:51.	1450	1500 21:20.61 21:20.	
1550		1600 22:49.55 22:49.	1650	1700 24:18.64 24:18.	1750	1800 25:46.91 25:46.	1850	1900 27:11.95 27:11.	1950	2000 28:30.93 28:30.	
4	099084324	CONSTAN LOPEZ YOLANDA	1997	CNALBACET							
50	38.14 38.14	100 1:19.87 41.73	150	200 2:44.61 2:44.6	250	300 4:08.89 4:08.8	350	400 5:36.10 5:36.1	450	500 7:03.64 7:03.6	28:36.55
550		600 8:32.11 8:32.1	650	700 10:01.54 10:01.	750	800 11:29.59 11:29.	850	900 12:57.94 12:57.	950	1000 14:26.83 14:26.	
1050		1100 15:50.07 15:50.	1150	1200 17:15.68 17:15.	1250	1300 18:40.41 18:40.	1350	1400 20:04.38 20:04.	1450	1500 21:30.07 21:30.	
1550		1600 22:56.06 22:56.	1650	1700 24:21.55 24:21.	1750	1800 25:47.54 25:47.	1850	1900 27:14.00 27:14.	1950	2000 28:36.55 28:36.	
5	048155602	SEGURA GARCIA LUCIA	1996	CNALBACET							
50	38.27 38.27	100 1:20.38 42.11	150	200 2:44.61 2:44.6	250	300 4:08.14 4:08.1	350	400 5:32.78 5:32.7	450	500 6:57.13 6:57.1	28:58.59
550		600 8:22.50 8:22.5	650	700 9:49.41 9:49.4	750	800 11:16.70 11:16.	850	900 12:44.19 12:44.	950	1000 14:11.41 14:11.	
1050		1100 15:40.16 15:40.	1150	1200 17:08.78 17:08.	1250	1300 18:37.25 18:37.	1350	1400 20:05.03 20:05.	1450	1500 21:32.06 21:32.	
1550		1600 23:01.41 23:01.	1650	1700 24:31.28 24:31.	1750	1800 26:01.63 26:01.	1850	1900 27:30.64 27:30.	1950	2000 28:58.59 28:58.	

RT: RETIRADO      DES: DESCALIFICADO  
NP: NO PRESENTADO      BAJ: BAJA

MSL SW.RESULTADOS\_GENERAL.V0 Información correcta a 14:07:09 09/01/2011

10 / 11

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# RESULTADOS GENERALES



REGIONAL LARGA DISTANCIA 2011, 9 ENERO DE 2011

TOMELLOSO

Datos técnicos: Piscina de 25 m., Cronometraje Electrónico

09/01/2011

## 4 - 2000 m. LIBRE FEMENINO

RK	Licencia	Nombre										Año	Club	T.R.	Resultado				
6	004864786	TUALOMBO CHIMBO Mª BELEN										1996	TALAVER		31:58.58				
50	39.57 39.57	100	1:24.66 45.09	150		200	2:59.56 2:59.5	250		300	4:36.78 4:36.7	350		400	6:14.09 6:14.0	450		500	7:50.13 7:50.1
550		600	9:27.75 9:27.7	650		700	11:04.08 11:04.	750		800	12:39.08 12:39.	850		900	14:16.23 14:16.	950		1000	15:53.87 15:53.
1050		1100	17:31.91 17:31.	1150		1200	19:08.68 19:08.	1250		1300	20:43.41 20:43.	1350		1400	22:18.58 22:18.	1450		1500	23:55.49 23:55.
1550		1600	25:31.74 25:31.	1650		1700	27:09.23 27:09.	1750		1800	28:47.36 28:47.	1850		1900	30:25.99 30:25.	1950		2000	31:58.58 31:58.
7	099083015	AMEZCUA SANCHEZ CARMEN										1997	CNALBACET		34:42.44				
50	43.92 43.92	100	1:32.08 48.16	150		200	3:12.68 3:12.6	250		300	4:58.11 4:58.1	350		400	6:38.34 6:38.3	450		500	8:22.69 8:22.6
550		600	10:04.57 10:04.	650		700	11:51.02 11:51.	750		800	13:30.33 13:30.	850		900	15:19.25 15:19.	950		1000	17:06.76 17:06.
1050		1100	18:57.42 18:57.	1150		1200	20:46.43 20:46.	1250		1300	22:34.78 22:34.	1350		1400	24:22.51 24:22.	1450		1500	26:09.91 26:09.
1550		1600	28:01.86 28:01.	1650		1700	29:51.00 29:51.	1750		1800	31:33.67 31:33.	1850		1900	33:14.96 33:14.	1950		2000	34:42.44 34:42.
	099085494	GALLARDO GÓMEZ LARA										1997	TORRIJO		BAJ				

RT: RETIRADO      DES: DESCALIFICADO  
NP: NO PRESENTADO      BAJ: BAJA

